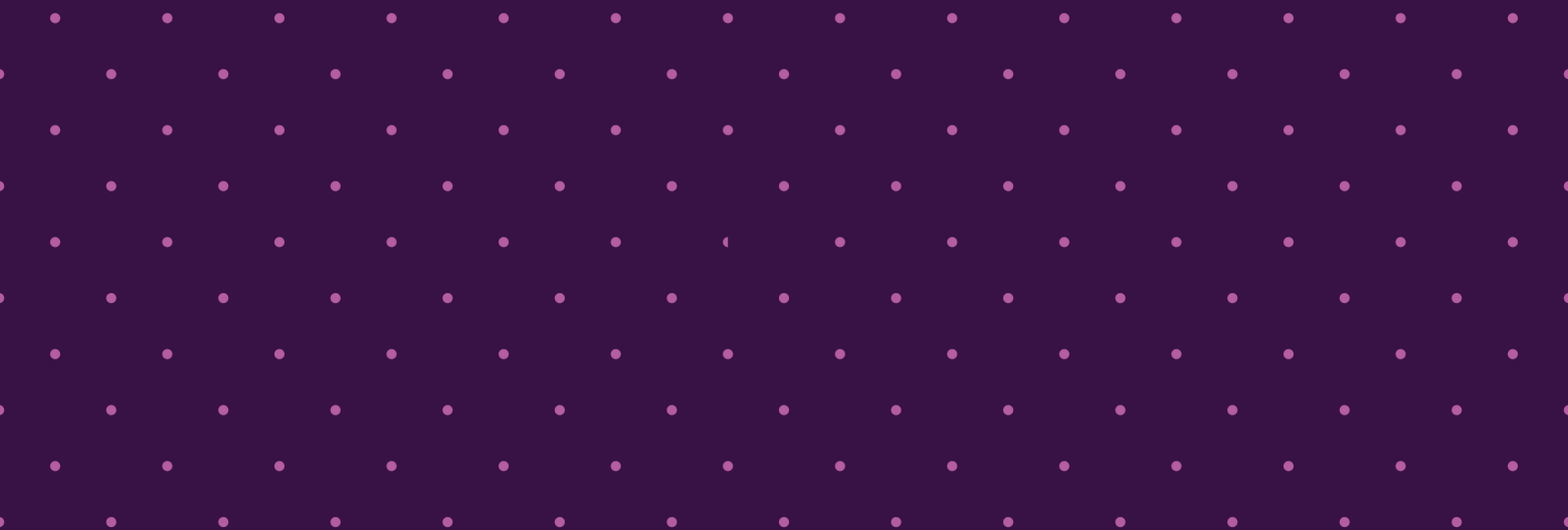


Preparing for your first meeting with our Family Team

Our team, supporting you through
divorce & separation



Our Family Lawyers



Nicki Beale

Partner & Family
Solicitor



Emma Post

Partner, Family Solicitor &
Mediator

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Wherever possible all initial meetings take place with Nicki and I both present. It's important to us that you meet us both and have the benefit of our collective advice, at no additional cost.

Meeting with us

If you are considering divorce or separation or you have begun that process, you will be feeling a whole host of emotions and stress.

Meeting with a family lawyer can be extremely daunting and a deeply personal experience. You will need to share very personal information, sometimes you may not have shared this with others so it is important that you feel comfortable and at ease.

Before meeting with us, we offer an introductory call where we can explore your issues and you can get a 'feel' as to whether our approach will align with yours and whether we are the right lawyers for you.



Your first meeting will enable us to understand your situation and explore with you your circumstances, wishes, concerns and questions.

We offer a fixed fee no obligation meeting which typically lasts 60 minutes. all initial meetings include follow up advice in writing summarising the matters discussed, advice and next steps.

Try not to worry, we are here to help.

Top Tips

Think about your goals

What is important to you to discuss? What do you want to achieve? This will help guide the conversation.

Gather any relevant documents

Whilst we can't review documents in detail at the first meeting, but bring along any documents you think might be relevant to the first meeting but note that you can not take documents or copies of documents belonging to your spouse without consent.

Prepare a list of questions

Write these down so you have a point of reference.

Consider bringing a friend or family member

Having a second pair of ears can help you articulate and share your story.

Be honest

We need all the information to best support and advise you, even if you think it doesn't serve your goal to share certain information with us.

Be prepared to listen

You may not hear everything you want to hear, but it is important you understand the information and the advice so we can ensure you make informed decisions.

What can you expect?

Prior to our initial meeting, we will ask you for some information either by you completing a short form or alternatively taking your through these over the telephone in advance.

You will meet with both Emma and Nicki, wherever possible. This can be in person or via Teams. The meeting will generally last 60 minutes. You can expect to leave any initial meeting with us

1. Having explored the issues, sensitivities of your case and what your priorities are
2. Understanding your legal position
3. With broad advice on a range of outcomes, we will not have all the answers at this stage but this will develop as matters progress
4. With an understanding of the process options available and guidance on those that may best suit your circumstances including mediation, arbitration, ENE, pFDR or a court process
5. With advice on what other professionals may be needed as part of your team with recommendations tailored to your needs
6. Understanding our charges and likely costs

As part of the fixed fee meeting we provide follow up advice in writing with further resources.

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